

WHAT TO PACK FOR ADVENTURE CAMP

PLEASE BE SURE EVERYTHING IS MARKED WITH YOUR NAME/INITIALS

WHAT TO WEAR ON ARRIVAL: NOTE MAY GET WET

SMILE & A SUNNY DISPOSITION
UNDERWEAR /SHORTS OR SWIMSUIT
T-SHIRT
FLIP FLOPS, SANDALS OR WATER SHOES
SUNGLASSES (with strap)
SUNSCREEN

WHAT TO PACK:

2 WATER BOTTLES
2 PAIRS OF LONG PANTS
LONG SLEEVED T-SHIRT (sun protection)
TIE SHOES & SOCKS
SWEATSHIRT/FLEECE
CHANGE OF UNDERWEAR
SWIM SUIT & BEACH TOWEL
RAIN GEAR (jacket & pants)
SUNSCREEN
TOILETRIES & FEMINE CARE NEEDS
PAJAMAS (whatever you like to sleep in)
BACKPACK

WHAT TO PACK CONTINUED:

HIKING BOOTS
3 PAIR SHORTS (quick dry)
4 SHIRTS
6 PAIR SOCKS
6 PAIR UNDERWEAR
FLASHLIGHT (with fresh batteries)
DIRTY CLOTHES BAG
BUG SPRAY (high DEET)
BATH TOWEL
REUSABLE, SHATTERPROOF PLATE & BOWL
FORK, BUTTER KNIFE & SPOON
INSULATED CUP & LID
MESH DUNK BAG (LINGERIE BAGS WORK GREAT)
SLEEPING BAG & PILLOW

OPTIONAL ITEMS:

BOOK
FISHING POLE & TACKLE
CAMERA (have a way to keep it dry)
SLEEPING PAD (insulation & ground comfort)
WRISTWATCH

DO NOT BRING!

CELL PHONES, ELECTRONICS, IPODS/MP3 PLAYERS OR 2-WAY RADIOS
KNIVES, FIREWORKS, MATCHES OR LIGHTERS
CIGARETTES, ELECTRONIC CIGARETTES, ALCOHOL OR DRUGS